

City	Frequency	Call Letters	M-F	Sat	Sun
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ALABAMA

Alexander City	94.1 FM	WLBF	2:00 PM		
Andalusia	91.5 FM	WSTF	2:00 PM		
Athens	102.5 FM	CSN	5:30 AM	5:00 PM	
Brewton	100.3 FM	WLBF	2:00 PM		
Dothan	90.3 FM	WDYE	2:00 PM		
Eufaula	91.9 FM	WLBF	2:00 PM		
Eva	99.9 FM	WRJL	10:00 AM		
Fairhope	90.7 FM	CSN	5:30 AM	5:00 PM	
Fort Payne	90.1 FM	WLBF	2:00 PM		
Huntsville	89.7 FM	CSN	5:30 AM	5:00 PM	
Jemison/Thorsby	96.9 FM	WLBF	2:00 PM		
Malbis	90.7 FM	CSN	5:30 AM	5:00 PM	
Mobile	90.7 FM	CSN	5:30 AM	5:00 PM	
Montgomery	89.1 FM	WLBF	2:00 PM		
Sylacauga	94.1 FM	WLBF	2:00 PM		

ALASKA

Kenai	89.1 FM	CSN	2:30 AM	2:00 PM	
Ketchikan	91.1 FM	CSN	2:30 AM	2:00 PM	
Kodiak	91.1 FM	CSN	2:30 AM	2:00 PM	
Naknek	100.9 FM	KAKN	9:30 AM		
Seldovia	91.9 FM	CSN	2:30 AM	2:00 PM	
Sitka	91.9 FM	CSN	2:30 AM	2:00 PM	

ARIZONA

Black Canyon City	89.9 FM	CSN	4:30 AM	4:00 PM	
Bullhead City	89.9 FM	KVIR	4:30 AM	4:00 PM	
Camp Verde	91.9 FM	CSN	4:30 AM	4:00 PM	
Clifton	91.9 FM	CSN	4:30 AM	4:00 PM	
Cottonwood	91.9 FM	CSN	4:30 AM	4:00 PM	
Globe	91.9 FM	KVJC	4:30 AM	4:00 PM	
Groom Creek	99.5 FM	CSN	4:30 AM	4:00 PM	
Holbrook	91.3 FM	CSN	4:30 AM	4:00 PM	
Payson	91.7 FM	CSN	4:30 AM	4:00 PM	
Phoenix	91.9 FM	KNJC	4:30 AM	4:00 PM	
Pinetop	91.5 FM	CSN	4:30 AM	4:00 PM	
Prescott	99.5 FM	CSN	4:30 AM	4:00 PM	

Winslow	89.1 FM	CSN	4:30 AM	4:00 PM
Yuma	90.1 FM	CSN	4:30 AM	4:00 PM

*Most of Arizona does not observe Daylights Savings Time. Time will vary.

ARKANSAS

Bentonville	101.5 FM	CSN	5:30 AM	5:00 PM
Fayetteville	90.9 FM	CSN	5:30 AM	5:00 PM
Green Forest	88.7 FM	KGSF	5:30 AM	5:00 PM
Jonesboro	91.5 FM	CSN	5:30 AM	5:00 PM
Mountain Home	91.5 FM	KCMH		11:30 AM
Paragould	88.7 FM	CSN	5:30 AM	5:00 PM
Paris	89.3 FM	CSN	5:30 AM	5:00 PM
Pine Bluff	88.7 FM	CSN	5:30 AM	5:00 PM

CALIFORNIA

Bakersfield	105.7 FM	CSN	3:30 AM	3:00 PM
Bakersfield	90.7 FM	CSN	3:30 AM	3:00 PM
Barstow	90.3 FM	CSN	3:30 AM	3:00 PM
Bellvue (Sonora)	94.7 FM	CSN	3:30 AM	3:00 PM
Bena	90.7 FM	CSN	3:30 AM	3:00 PM
Bend	90.3 FM	CSN	3:30 AM	3:00 PM
Blythe	89.7 FM	CSN	3:30 AM	3:00 PM
Borrego Springs	91.3 FM	CSN	3:30 AM	3:00 PM
Brownsville	91.3 FM	CSN	3:30 AM	3:00 PM
Burney	88.5 FM	CSN	3:30 AM	3:00 PM
Burney	92.9 FM	CSN	3:30 AM	3:00 PM
Byron	89.3 FM	CSN	3:30 AM	3:00 PM
Chester	88.9 FM	CSN	3:30 AM	3:00 PM
Chico	90.5 FM	CSN	3:30 AM	3:00 PM
Clearlake	90.3 FM	CSN	3:30 AM	3:00 PM
Coalinga	91.3 FM	CSN	3:30 AM	3:00 PM
Crescent City	102.3 FM	CSN	3:30 AM	3:00 PM
Desert Hot Springs	105.5 FM	CSN	3:30 AM	3:00 PM
Dorris	94.9 FM	CSN	3:30 AM	3:00 PM
Durham	90.5 FM	CSN	3:30 AM	3:00 PM
Eureka	93.7 FM	CSN	3:30 AM	3:00 PM
Eureka	91.9 FM	CSN	3:30 AM	3:00 PM
Fall River Mills	105.7 FM	CSN	3:30 AM	3:00 PM
Firebaugh	90.1 FM	CSN	3:30 AM	3:00 PM
Garberville	88.1 FM	CSN	3:30 AM	3:00 PM
Grass Valley	102.3 FM	CSN	3:30 AM	3:00 PM
Happy Camp	91.1 FM	CSN	3:30 AM	3:00 PM

Havilah	99.9 FM	CSN	3:30 AM	3:00 PM
Hayfork	95.5 FM	CSN	3:30 AM	3:00 PM
Indio	88.9 FM	CSN	3:30 AM	3:00 PM
Kernville	91.1 FM	CSN	3:30 AM	3:00 PM
Lakehead	89.3 FM	CSN	3:30 AM	3:00 PM
Landers	90.3 FM	CSN	3:30 AM	3:00 PM
Las Cruces	90.5 FM	CSN	3:30 AM	3:00 PM
Laurel	91.1 FM	CSN	3:30 AM	3:00 PM
Lompoc	90.9 FM	CSN	3:30 AM	3:00 PM
Los Gatos	88.1 FM	CSN	3:30 AM	3:00 PM
Maple Creek	91.9 FM	CSN	3:30 AM	3:00 PM
Mariposa	90.7 FM	CSN	3:30 AM	3:00 PM
Marysville	100.3 FM	CSN	3:30 AM	3:00 PM
Mt. Shasta	101.3 FM	CSN	3:30 AM	3:00 PM
Muscoy	103.1 FM	CSN	3:30 AM	3:00 PM
Napa	89.5 FM	CSN	3:30 AM	3:00 PM
Oroville	98.7 FM	CSN	3:30 AM	3:00 PM
Paradis	90.7 FM	CSN	3:30 AM	3:00 PM
Paso Robles	105.5 FM	CSN	3:30 AM	3:00 PM
Pine Grove	90.5 FM	CSN	3:30 AM	3:00 PM
Project City	107.5 FM	CSN	3:30 AM	3:00 PM
Quartz Hill	91.1 FM	CSN	3:30 AM	3:00 PM
Red Bluff	90.3 FM	CSN	3:30 AM	3:00 PM
Redding	92.9 FM	CSN	3:30 AM	3:00 PM
Redding	107.5 FM	CSN	3:30 AM	3:00 PM
Redding	91.9 FM	CSN	3:30 AM	3:00 PM
Ridgecrest	91.5 FM	CSN	3:30 AM	3:00 PM
Rio Linda	95.5 FM	CSN	3:30 AM	3:00 PM
Sacramento	95.5 FM	CSN	3:30 AM	3:00 PM
Salinas	98.3 FM	CSN	3:30 AM	3:00 PM
San Ardo	97.7 FM	CSN	3:30 AM	3:00 PM
San Jose	88.1 FM	CSN	3:30 AM	3:00 PM
San Juan Bautista	88.3 FM	CSN	3:30 AM	3:00 PM
San Luis Obispo	88.1 FM	CSN	3:30 AM	3:00 PM
San Luis Obispo	104.9 FM	CSN	3:30 AM	3:00 PM
Santa Barbara	91.5 FM	CSN	3:30 AM	3:00 PM
Santa Maria	91.1 FM	CSN	3:30 AM	3:00 PM
Scotia	102.3 FM	CSN	3:30 AM	3:00 PM
Sonoma	104.1 FM	CSN	3:30 AM	3:00 PM
Soquel	95.9 FM	CSN	3:30 AM	3:00 PM
South Lake Tahoe	89.3 FM	CSN	3:30 AM	3:00 PM
Stockton	99.7 FM	CSN	3:30 AM	3:00 PM
Susanville	88.5 FM	CSN	3:30 AM	3:00 PM
Talmage	89.1 FM	CSN	3:30 AM	3:00 PM

Truckee	98.7 FM	CSN	3:30 AM	3:00 PM
Ukiah	89.1 FM	CSN	3:30 AM	3:00 PM
Victorville	90.3 FM	CSN	3:30 AM	3:00 PM
Weaverville	91.9 FM	CSN	3:30 AM	3:00 PM
West Sonora	92.1 FM	CSN	3:30 AM	3:00 PM
Westwood	90.3 FM	CSN	3:30 AM	3:00 PM
Willows	90.9 FM	CSN	3:30 AM	3:00 PM
Yankee Hill	90.7 FM	CSN	3:30 AM	3:00 PM
Yreka	88.7 FM	CSN	3:30 AM	3:00 PM
Yucca Valley	91.1 FM	CSN	3:30 AM	3:00 PM

COLORADO

Burlington	88.1 FM	CSN	4:30 AM	4:00 PM
Fort Morgan	88.3 FM	CSN	4:30 AM	4:00 PM
Grand Junction	88.9 FM	CSN	4:30 AM	4:00 PM
Lamar	90.1 FM	CSN	4:30 AM	4:00 PM
Limon	91.9 FM	CSN	4:30 AM	4:00 PM
Montrose	90.5 FM	CSN	4:30 AM	4:00 PM
Sterling	88.5 FM	CSN	4:30 AM	4:00 PM
Yuma	91.9 FM	CSN	4:30 AM	4:00 PM

CONNECTICUT

Norwalk	88.5 FM	CSN	6:30 AM	6:00 PM
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DELAWARE

FLORIDA

Arlington	91.3 FM	CSN	6:30 AM	6:00 PM
Cambon	101.9 FM	CSN	6:30 AM	6:00 PM
Eastport	93.7 FM	CSN	6:30 AM	6:00 PM
Greenville	90.3 FM	WYJC	6:30 AM	6:00 PM
Gulf Breeze	88.9 FM	CSN	6:30 AM	6:00 PM
Jacksonville	93.7 FM	CSN	6:30 AM	6:00 PM
Jacksonville	91.3 FM	CSN	6:30 AM	6:00 PM
Jacksonville	1530 AM	WYMM	1:00 PM	
Key West	91.9 FM	CSN	6:30 AM	6:00 PM
Orange Park	107.9 FM	CSN	6:30 AM	6:00 PM
Panama City	88.7 FM	CSN	6:30 AM	6:00 PM
St Marks	91.1 FM	WUJC	6:30 AM	6:00 PM
Tallahassee	91.1 FM	WUJC	6:30 AM	6:00 PM
Tallahassee	104.5 FM	CSN	6:30 AM	6:00 PM

Tallahassee	105.7 FM	WFRF	12:00 Noon	
Tallahassee	1070 AM	WFRF	12:00 Noon	
Tallahassee	90.1 FM	WFRF	12:00 Noon	
West Palm Beach	88.5 FM	CSN	6:30 AM	6:00 PM

GEORGIA

Athens	88.1 FM	CSN	6:30 AM	6:00 PM
Atlanta	93.7 FM	CSN	6:30 AM	6:00 PM
Atlanta	90.7 FM	WMVV	11:05 AM	6:00 PM
Atlanta	91.7 FM	WMVM	11:05 AM	6:00 PM
Blue Ridge	88.5 FM	CSN	6:30 AM	6:00 PM
Brunswick	91.5 FM	CSN	6:30 AM	6:00 PM
Buford	88.1 FM	CSN	6:30 AM	6:00 PM
Danielsville	89.7 FM	CSN	6:30 AM	6:00 PM
Gainesville	88.7 FM	CSN	6:30 AM	6:00 PM
Griffin	90.7 FM	WMVV	11:05 AM	6:00 PM
Griffin	91.7 FM	WMVM	11:05 AM	6:00 PM
Macon	88.5 FM	CSN	6:30 AM	6:00 PM
Milledgeville	88.1 FM	CSN	6:30 AM	6:00 PM
Sandy Plain	93.7 FM	CSN	6:30 AM	6:00 PM
Savannah	89.1 FM	CSN	6:30 AM	6:00 PM
Snellville	90.5 FM	CSN	6:30 AM	6:00 PM
Thomasville	91.1 FM	CSN	6:30 AM	6:00 PM
Waleska	90.7 FM	CSN	6:30 AM	6:00 PM
Warner Robins	88.3 FM	CSN	6:30 AM	6:00 PM

HAWAII

Hilo	88.1 FM	CSN	1:30 AM	1:00 PM
Kalaoa	90.1 FM	CSN	1:30 AM	1:00 PM
Kihei	91.9 FM	CSN	1:30 AM	1:00 PM
Kona	90.1 FM	CSN	1:30 AM	1:00 PM
Lanai	88.9 FM	CSN	1:30 AM	1:00 PM
Lihue	88.9 FM	KHJC	1:30 AM	1:00 PM

*Hawaii does not observe Daylight Savings Time. Times will vary.

IDAHO

Albion	90.3 FM	CSN	4:30 AM	4:00 PM
Almon	90.3 FM	CSN	4:30 AM	4:00 PM
Ammon	89.1 FM	CSN	4:30 AM	4:00 PM
Boise	94.1 FM	KBXL	1:30 PM	8:00 PM
Boise	106.7 FM	CSN	4:30 PM	4:00 PM

Boise	89.1 FM	KAWS	4:30 AM	4:00 PM
Burley	90.3 FM	CSN	4:30 AM	4:00 PM
Cascade	95.5 FM	CSN	4:30 AM	4:00 PM
Chubbuck	89.1 FM	CSN	4:30 AM	4:00 PM
Grangeville	88.7 FM	CSN	4:30 AM	4:00 PM
Ketchum	99.3 FM	CSN	4:30 AM	4:00 PM
Idaho Falls	89.1 FM	CSN	4:30 AM	4:00 PM
Lewiston	93.5 FM	CSN	4:30 AM	4:00 PM
Lewiston	89.3 FM	KJCF	3:30 AM	3:00 PM
Marsing	89.1 FM	KAWS	4:30 AM	4:00 PM
McCall	99.1 FM	CSN	4:30 AM	4:00 PM
Mountain Home	102.3 FM	CSN	4:30 AM	4:00 PM
Pocatello	89.1 FM	CSN	4:30 AM	4:00 PM
Salmon	90.3 FM	CSN	4:30 AM	4:00 PM
Sandpoint	90.3 FM	CSN	4:30 AM	4:00 PM
Twin Falls	89.9 FM	KAWZ	4:30 AM	4:00 PM

ILLINOIS

Decatur	90.5 FM	CSN	5:30 AM	5:00 PM
Lake Villa	89.1 FM	CSN	5:30 AM	5:00 PM
Marion	1150 AM	WGGH	12:30 PM	
Mount Vernon	88.5 FM	CSN	5:30 AM	5:00 PM

INDIANA

Evansville	1330 AM	WVHI	12:30 PM		5:00 PM
Hamburg	91.5 FM	CSN	6:30 AM	6:00 PM	
Lafayette	97.3 FM	WWCC	8:30 AM	11:00 AM	11:00 AM

IOWA

Cherokee	89.5 FM	CSN	5:30 AM	5:00 PM
Clive	89.7 FM	CSN	5:30 AM	5:00 PM
Creston	88.5 FM	CSN	5:30 AM	5:00 PM
Des Moines	940 AM	KPSZ	1:00 PM	5:00 PM
Des Moines	89.7 FM	CSN	5:30 AM	5:00 PM
Marshalltown	91.5 FM	CSN	5:30 AM	5:00 PM

KANSAS

Emporia	89.3 FM	CSN	5:30 AM	5:00 PM
Hutchinson	88.1 FM	CSN	5:30 AM	5:00 PM
Parsons	89.5 FM	CSN	5:30 AM	5:00 PM

Topeka	89.5 FM	CSN	5:30 AM	5:00 PM
Wichita	88.7 FM	CSN	5:30 AM	5:00 PM

KENTUCKY

Bowling Green	91.1 FM	CSN	5:30 AM	5:00 PM
Glasgow	91.3 FM	CSN	5:30 AM	5:00 PM
Lexington	99.1 FM	WJMM	11:30 AM	
Lexington	770 AM	WCGW	1:30 PM	
Louisville	91.5 FM	CSN	6:30 AM	5:00 PM
Louisville	102.7 FM	CSN	6:30 AM	5:00 PM
Louisville	88.5 FM	WJIE	10:30 PM	(Sun-Thurs)
Louisville	93.9 FM	WJIE	10:30 PM	(Sun-Thurs)
Okolona	91.1 FM	CSN	5:30 AM	5:00 PM
South Portsmouth	90.9 FM	CSN	5:30 AM	5:00 PM
Westport	90.9 FM	CSN	5:30 AM	5:00 PM

LOUISIANA

Baton Rouge	102.9 FM	CSN	5:30 AM	5:00 PM
Jennings	88.1 FM	CSN	5:30 AM	5:00 PM
Lafayette	88.3 FM	CSN	5:30 AM	5:00 PM
Millerville	103.7 FM	CSN	5:30 AM	5:00 PM
New Roads	91.9 FM	CSN	5:30 AM	5:00 PM
Port Allen	95.3 FM	CSN	5:30 AM	5:00 PM

MAINE

Augusta	105.9 FM	WBCI	3:05 PM	7:30 PM
Portland	105.9 FM	WBCI	3:05 PM	7:30 PM
Southwest Harbor	91.3 FM	CSN	6:30 AM	6:00 PM

MARYLAND

Fruitland	89.1 FM	CSN	6:30 AM	6:00 PM
Salisbury	89.1 FM	CSN	6:30 AM	6:00 PM

MASSACHUSETTS

Scituate	90.5 FM	WSMA	6:30 AM	6:00 PM
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MICHIGAN

Baldwin	88.1 FM	CSN	6:30 AM	6:00 PM
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Benton Harbor	91.1 FM	CSN	6:30 AM	6:00 PM
Cairo	89.3 FM	CSN	6:30 AM	6:00 PM
Grand Rapids	90.7 FM	CSN	6:30 AM	6:00 PM
Royal Oak	89.5 FM	CSN	6:30 AM	6:00 PM
Vassar	89.3 FM	CSN	6:30 AM	6:00 PM
Walker	90.7 FM	CSN	6:30 AM	6:00 PM

MINNESOTA

Brainerd	88.7 FM	CSN	5:30 AM	5:00 PM
Fergus Falls	89.3 FM	CSN	5:30 AM	5:00 PM
Grand Rapids	89.7 FM	CSN	5:30 AM	5:00 PM

MISSISSIPPI

Biloxi	90.9 FM	CSN	5:30 AM	5:00 PM
Brandon	104.3 FM	WSKM	12 noon	7:00 PM
D'Iberville	90.9 FM	CSN	5:30 AM	5:00 PM
Friar's Point	101.5 FM	WWUN	5:30 AM	5:00 PM
Jackson	96.9 FM	CSN	5:30 AM	5:00 PM
Meridian	91.3 FM	CSN	5:30 AM	5:00 PM
Raymond	91.9 FM	CSN	5:30 AM	5:00 PM
Ridgeland	96.9 FM	CSN	5:30 AM	5:00 PM
Waynesboro	91.5 FM	CSN	5:30 AM	5:00 PM

MISSOURI

Branson	99.1 FM	CSN	5:30 AM	5:00 PM
Festus	89.3 FM	KTBJ	5:30 AM	5:00 PM
Joplin	90.3 FM	CSN	5:30 AM	5:00 PM
Neosho	91.7 FM	KNEO	8:30 PM	
Nevada	89.1 FM	CSN	5:30 AM	5:00 PM
Rogersville	88.7 FM	CSN	5:30 AM	5:00 PM
Springfield	88.7 FM	CSN	5:30 AM	5:00 PM
St Louis	89.3 FM	KTBJ	5:30 AM	5:00 PM
St Louis	91.9 FM	CSN	5:30 AM	5:00 PM

MONTANA

Arlee	90.3 FM	KJFT	4:30 AM	4:00 PM
Billings	91.3 FM	CSN	4:30 AM	4:00 PM
Bozeman	101.5 FM	CSN	4:30 AM	4:00 PM
Bozeman	91.5 FM	CSN	4:30 AM	4:00 PM
Culbertson	88.1 FM	CSN	4:30 AM	4:00 PM

Gallatin Gateway	91.5 FM	CSN	4:30 AM	4:00 PM
Glendive	90.9 FM	CSN	4:30 AM	4:00 PM
Great Falls	88.1 FM	CSN	4:30 AM	4:00 PM
Hamilton	88.7 FM	CSN	4:30 AM	4:00 PM
Helena	90.9 FM	CSN	4:30 AM	4:00 PM
Kalispell	88.1 FM	CSN	4:30 AM	4:00 PM
Missoula	88.7 FM	CSN	4:30 AM	4:00 PM
Missoula	90.3 FM	KJFT	4:30 AM	4:00 PM
Palson	101.1 FM	CSN	4:30 AM	4:00 PM
Whitefish	99.5 FM	CSN	4:30 AM	4:00 PM

NEBRASKA

Columbus	91.9 FM	KTLX	7:30 PM	4:00 PM
Franklin	91.9 FM	CSN	5:30 AM	5:00 PM
Norfolk	91.7 FM	CSN	5:30 AM	5:00 PM
Scottsbluff	90.3 FM	CSN	4:30 AM	4:00 PM

NEVADA

Battle Mountain	91.9 FM	CSN	4:30 AM	4:00 PM
Carson City	99.7 FM	CSN	4:30 AM	4:00 PM
Elko	91.9 FM	CSN	4:30 AM	4:00 PM
Ely	91.3 FM	CSN	4:30 AM	4:00 PM
Lovelock	88.7 FM	CSN	4:30 AM	4:00 PM
Pahrump	90.1 FM	CSN	4:30 AM	4:00 PM
Las Vegas	90.1 FM	CSN	4:30 AM	4:00 PM
Las Vegas	94.7 FM	CSN	4:30 AM	4:00 PM
Laughlin	89.9 FM	KVIR	4:30 AM	4:00 PM
Reno	87.9 FM	CSN	4:30 AM	4:00 PM
Reno	106.1 FM	CSN	4:30 AM	4:00 PM
Riepetown	91.3 FM	CSN	4:30 AM	4:00 PM
Round Mountain	90.9 FM	CSN	4:30 AM	4:00 PM
Sloan	94.7 FM	CSN	4:30 AM	4:00 PM
Sun Valley	87.9 FM	CSN	4:30 AM	4:00 PM
Tonopah	90.1 FM	CSN	4:30 AM	4:00 PM
Wells	92.5 FM	CSN	4:30 AM	4:00 PM
Winnemucca	88.1 FM	CSN	4:30 AM	4:00 PM

NEW HAMPSHIRE

Manchester	1320 AM	WDER	6:05 PM	7:05 PM
Nashua	1320 AM	WDER	6:05 PM	7:05 PM

NEW JERSEY

Cape May	91.9 FM	CSN	6:30 AM	6:00 PM
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NEW MEXICO

Alamogordo	88.1 FM	KNMA	4:30 AM	4:00 PM
Farmington	88.5 FM	CSN	4:30 AM	4:00 PM
Gallup	90.9 FM	CSN	4:30 AM	4:00 PM
Las Cruces	90.1 FM	CSN	4:30 AM	4:00 PM
Portales	91.9 FM	CSN	4:30 AM	4:00 PM
Roswell	90.5 FM	CSN	4:30 AM	4:00 PM
Tularosa	88.1 FM	KNMA	4:30 AM	4:00 PM

NEW YORK

Binghamton	90.1 FM	WIFF	6:30 AM	6:00 PM
Binghamton	104.9 FM	CSN	6:30 AM	6:00 PM
Elmira	96.9 FM	WREQ	6:30 AM	6:00 PM
Geneva	90.7 FM	CSN	6:30 AM	6:00 PM
Oswego	90.7 FM	CSN	6:30 AM	6:00 PM

NORTH CAROLINA

Browns Summit	96.7 FM	CSN	6:30 AM	6:00 PM
Burlington	92.7 FM	CSN	6:30 AM	6:00 PM
Charlotte	1240 AM	WHVN	11:00 AM	7:30 PM
Charlotte	104.3 FM	WHVN	11:00 AM	7:30 PM
Donbury	91.7 FM	CSN	6:30 AM	6:00 PM
Eden	106.1 FM	CSN	6:30 AM	6:00 PM
Elizabeth City	91.3 FM	CSN	6:30 AM	6:00 PM
Enka	91.9 FM	CSN	6:30 AM	6:00 PM
Greensboro	96.7 FM	CSN	6:30 AM	6:00 PM
Lexington	88.9 FM	CSN	6:30 AM	6:00 PM
Raleigh	1240 AM	WPJL		10:00 AM
Summerfield	95.1 FM	CSN	6:30 AM	6:00 PM
Winston-Salem	93.5 FM	CSN	6:30 AM	6:00 PM

NORTH DAKOTA

Dickinson	88.1 FM	CSN	4:30 AM	4:00 PM
Williston	88.1 FM	CSN	5:30 AM	5:00 PM

OHIO

Cincinnati	91.3 FM	CSN	5:30 AM	5:00 PM
Cumminsville	91.3 FM	CSN	5:30 AM	5:00 PM
Hamler	88.9 FM	CSN	5:30 AM	5:00 PM
Pemberville	88.9 FM	CSN	5:30 AM	5:00 PM
Toledo	100.7 FM	CSN	5:30 AM	5:00 PM

OKLAHOMA

Arapaho	88.1 FM	CSN	5:30 AM	5:00 PM
Berlin	91.3 FM	CSN	5:30 AM	5:00 PM
Carnegie	89.5 FM	KJCC	5:30 AM	5:00 PM
Clinton	88.1 FM	CSN	5:30 AM	5:00 PM
Durant	90.1 FM	CSN	5:30 AM	5:00 PM
Elk City	91.3 FM	CSN	5:30 AM	5:00 PM
Frederick	91.5 FM	KSYE	1:30 PM	5:00 PM
Frederick	91.5 FM	KSYE	11:00 PM	
Ninnekah	91.7 FM	CSN	5:30 AM	5:00 PM
Oklahoma City	89.5 FM	CSN	5:30 AM	5:00 PM
Poteau	89.3 FM	CSN	5:30 AM	5:00 PM
Wister	89.3 FM	CSN	5:30 AM	5:00 PM
Woodward	88.7 FM	CSN	5:30 AM	5:00 PM

OREGON

Ashland	97.3 FM	CSN	3:30 AM	3:00 PM
Astoria	89.1 FM	CSN	3:30 AM	3:00 PM
Baker City	88.1 FM	KDJC	3:30 AM	3:00 PM
Baker City	88.5 FM	CSN	3:30 AM	3:00 PM
Brookings	88.1 FM	CSN	3:30 AM	3:00 PM
Burns	88.5 FM	CSN	3:30 AM	3:00 PM
Canyonville	88.3 FM	CSN	3:30 AM	3:00 PM
Cave Junction	91.7 FM	CSN	3:30 AM	3:00 PM
Cloverdale	99.5 FM	CSN	3:30 AM	3:00 PM
Colton	91.1 FM	CSN	3:30 AM	3:00 PM
Coos Bay	90.9 FM	KJCH	3:30 AM	3:00 PM
Coos Bay	89.9 FM	CSN	3:30 AM	3:00 PM
Corvallis	90.3 FM	CSN	3:30 AM	3:00 PM
Elwood	102.5 FM	CSN	3:30 AM	3:00 PM
Eugene	99.5 FM	CSN	3:30 AM	3:00 PM
Florence	89.3 FM	CSN	3:30 AM	3:00 PM
Glide	88.9 FM	CSN	3:30 AM	3:00 PM
Gold Beach	88.1 FM	CSN	3:30 AM	3:00 PM
Grants Pass	90.5 FM	CSN	3:30 AM	3:00 PM

Grants Pass	103.1 FM	CSN	3:30 AM	3:00 PM
Grizzly	106.1 FM	CSN	3:30 AM	3:00 PM
Junction City	88.5 FM	KPIJ	3:30 AM	3:00 PM
Keno	97.1 FM	CSN	3:30 AM	3:00 PM
Klamath Falls	97.1 FM	CSN	3:30 AM	3:00 PM
Klamath Falls	99.9 FM	CSN	3:30 AM	3:00 PM
La Grande	99.5 FM	CSN	3:30 AM	3:00 PM
Lakeview	91.9 FM	CSN	3:30 AM	3:00 PM
Medford	107.1 FM	CSN	3:30 AM	3:00 PM
Marlin	103.1 FM	CSN	3:30 AM	3:00 PM
Pendleton	88.1 FM	CSN	3:30 AM	3:00 PM
Portland	91.9 FM	CSN	3:30 AM	3:00 PM
Portland	105.5 FM	CSN	3:30 AM	3:00 PM
Redmond	89.9 FM	KKJA	3:30 AM	3:00 PM
Redmond	100.3 FM	CSN	3:30 AM	3:00 PM
Reedsport	95.5 FM	CSN	3:30 AM	3:00 PM
Roseburg	90.7 FM	CSN	3:30 AM	3:00 PM
Roseburg	88.9 FM	CSN	3:30 AM	3:00 PM
Seaside	105.9 FM	CSN	3:30 AM	3:00 PM
Sellma	103.9 FM	CSN	3:30 AM	3:00 PM
Sprague River	88.9 FM	CSN	3:30 AM	3:00 PM
The Dalles	88.9 FM	CSN	3:30 AM	3:00 PM
Walton	98.3 FM	CSN	3:30 AM	3:00 PM

PENNSYLVANIA

Albrightsville	91.7 FM	CSN	6:30 AM	6:00 PM
Erie	107.1 FM	CSN	6:30 AM	6:00 PM
Erie	89.3 FM	CSN	6:30 AM	6:00 PM
Hammett	89.3 FM	CSN	6:30 AM	6:00 PM
Marietta	91.9 FM	CSN	6:30 AM	6:00 PM
Ridgebury	96.9 FM	WREQ	6:30 AM	6:00 PM
York	91.9 FM	CSN	6:30 AM	6:00 PM

SOUTH CAROLINA

Beaufort	91.5 FM	CSN	6:30 AM	6:00 PM
Bluffton	91.5 FM	CSN	6:30 AM	6:00 PM
Charleston	88.9 FM	CSN	6:30 AM	6:00 PM
Columbia	89.3 FM	CSN	6:30 AM	6:00 PM
Columbia	97.1 FM	CSN	6:30 AM	6:00 PM
Conway	88.5 FM	CSN	6:30 AM	6:00 PM
Florence	89.1 FM	CSN	6:30 AM	6:00 PM
Frogmore	91.5 FM	CSN	6:30 AM	6:00 PM

Hilton Head	91.5 FM	CSN	6:30 AM	6:00 PM
Greenville	90.5 FM	CSN	6:30 AM	6:00 PM
Johns Island	92.9 FM	CSN	6:30 AM	6:00 PM
Kingstree	88.7 FM	CSN	6:30 AM	6:00 PM
Lexington	90.1 FM	CSN	6:30 AM	6:00 PM
Myrtle Beach	89.5 FM	CSN	6:30 AM	6:00 PM
Olympia	97.1 FM	CSN	6:30 AM	6:00 PM

SOUTH DAKOTA

Aberdeen	88.9 FM	CSN	5:30 AM	5:00 PM
Box Elder	91.5 FM	CSN	4:30 AM	4:00 PM
Hermosa	90.9 FM	KWRC	4:30 AM	4:00 PM
Rapid City	91.5 FM	CSN	4:30 AM	4:00 PM

TENNESSEE

Brentwood	90.7 FM	CSN	5:30 AM	5:00 PM	
Chattanooga	88.5 FM	CSN	5:30 AM	5:00 PM	
Dickson	89.1 FM	CSN	5:30 AM	5:00 PM	
Jackson	93.7 FM	WTKB	9:00 AM	9:00 AM	7:30 AM
Johnsville	91.9 FM	CSN	5:30 AM	5:00 PM	
Knoxville	620 AM	WRJZ	3:30 PM	TBD	
Lebanon	105.5 FM	CSN	5:30 AM	5:00 PM	
Milan	93.7 FM	WTKB	9:00 AM		7:30 AM
Nashville	760 AM	WENO	10:30 AM		10:30 AM
Nashville	90.7 FM	CSN	5:30 AM	5:00 PM	
Nashville	105.5 FM	CSN	5:30 AM	5:00 PM	

TEXAS

Amarillo	90.3 FM	CSN	5:30 AM	5:00 PM	
Austin	89.1 FM	CSN	5:30 AM	5:00 PM	
Commerce	91.3 FM	KDKR	9:30 AM		8:30 PM
Dallas	91.3 FM	KDKR	9:30 AM		8:30 PM
Decatur	91.3 FM	KDKR	9:30 AM		8:30 PM
Fort Worth	91.3 FM	KDKR	9:30 AM		8:30 PM
Gardendale	102.5 FM	CSN	5:30 AM	5:00 PM	
Kerrville	89.7 FM	CSN	5:30 AM	5:00 PM	
Legion	89.7 FM	CSN	5:30 AM	5:00 PM	
Midland	102.5 FM	CSN	5:30 AM	5:00 PM	
Midland	92.7 FM	CSN	5:30 AM	5:00 PM	
New Braunfels	91.5 FM	CSN	5:30 AM	5:00 PM	
Odessa	89.1 FM	CSN	5:30 AM	5:00 PM	

Paris	90.1 FM	CSN	5:30 AM	5:00 PM	
Pleasanton	91.9 FM	CSN	5:30 AM	5:00 PM	
San Antonio	88.7 FM	CSN	5:30 AM	5:00 PM	
San Antonio	106.3 FM	CSN	5:30 AM	5:00 PM	
Terrell Wells	106.3 FM	CSN	5:30 AM	5:00 PM	
Witchita Falls	91.5 FM	KSYE	1:30 PM		5:00 PM
			11:00 PM		

UTAH

Clarkston	91.9 FM	CSN	4:30 AM	4:00 PM	
Ephraim	90.5 FM	CSN	4:30 AM	4:00 PM	
Logan	91.9 FM	CSN	4:30 AM	4:00 PM	
Logan	88.1 FM	CSN	4:30 AM	4:00 PM	
Moab	88.1 FM	CSN	4:30 AM	4:00 PM	
Provo	88.3 FM	CSN	4:30 AM	4:00 PM	
Salt Lake City	90.5 FM	CSN	4:30 AM	4:00 PM	
St. George	88.1 FM	CSN	4:30 AM	4:00 PM	
Tooele	88.5 FM	CSN	4:30 AM	4:00 PM	
Wellsville	88.1 FM	CSN	4:30 AM	4:00 PM	

VIRGINIA

Boones Mill	88.7 FM	CSN	6:30 AM	6:00 PM	
Chase City	980 AM	WJYK	9:00 AM	9:00 AM	7:00 PM
Chase City	980 AM	WJYK	7:00 PM	7:00 PM	7:00 PM
Danville	106.1 FM	CSN	6:30 AM	6:00 PM	
Fredericksburg	91.3 FM	CSN	6:30 AM	6:00 PM	
Lakeside	91.7 FM	CSN	6:30 AM	6:00 PM	
Martinsville	105.9 FM	CSN	6:30 AM	6:00 PM	
Richmond	91.7 FM	CSN	6:30 AM	6:00 PM	
Roanoke	92.7 FM	CSN	6:30 AM	6:00 PM	

WASHINGTON

Aberdeen	88.9 FM	CSN	3:30 AM	3:00 PM	
Ariel	102.5 FM	CSN	3:30 AM	3:00 PM	
Asotin	89.3 FM	KJCF	3:30 AM	3:00 PM	
Bellingham	89.9 FM	CSN	3:30 AM	3:00 PM	
Bremerton	89.1 FM	CSN	3:30 AM	3:00 PM	
Cape George	89.1 FM	CSN	3:30 AM	3:00 PM	
Chehalis	91.9 FM	CSN	3:30 AM	3:00 PM	
Chinook	89.1 FM	CSN	3:30 AM	3:00 PM	
Clarkston	93.5 FM	CSN	3:30 AM	3:00 PM	
Clarkston	89.3 FM	KJCF	3:30 AM	3:00 PM	

Cle Elum	91.5 FM	CSN	3:30 AM	3:00 PM
Delphi	92.1 FM	CSN	3:30 AM	3:00 PM
Ellensburg	91.5 FM	CSN	3:30 AM	3:00 PM
Enumclaw	88.9 FM	CSN	3:30 AM	3:00 PM
Eufaula	101.5 FM	CSN	3:30 AM	3:00 PM
Everett	89.1 FM	CSN	3:30 AM	3:00 PM
Fall City	91.9 FM	CSN	3:30 AM	3:00 PM
Forks	88.1 FM	CSN	3:30 AM	3:00 PM
Granger	103.7 FM	CSN	3:30 AM	3:00 PM
Granite Falls	89.1 FM	CSN	3:30 AM	3:00 PM
Hanford	88.7 FM	CSN	3:30 AM	3:00 PM
Kelso	91.1 FM	KTJC	3:30 AM	3:00 PM
Moses Lake	90.3 FM	CSN	3:30 AM	3:00 PM
Mount Vernon	89.1 FM	CSN	3:30 AM	3:00 PM
Naches	92.5 FM	CSN	3:30 AM	3:00 PM
North Yakima	92.5 FM	CSN	3:30 AM	3:00 PM
Olympia	88.1 FM	CSN	3:30 AM	3:00 PM
Orting	105.7 FM	CSN	3:30 AM	3:00 PM
Port Angeles	88.3 FM	CSN	3:30 AM	3:00 PM
Port Townsend	89.1 FM	CSN	3:30 AM	3:00 PM
Sequim	102.3 FM	CSN	3:30 AM	3:00 PM
Shelton	89.1 FM	CSN	3:30 AM	3:00 PM
Twisp	89.3 FM	CSN	3:30 AM	3:00 PM
Wennatchee	89.3 FM	CSN	3:30 AM	3:00 PM
Yakima	91.5 FM	CSN	3:30 AM	3:00 PM

WEST VIRGINIA

WISCONSIN

Appleton	88.7 FM	CSN	5:30 AM	5:00 PM
De Pere	89.7 FM	CSN	5:30 AM	5:00 PM
Eau Claire	88.7 FM	CSN	5:30 AM	5:00 PM
Green Bay	89.7 FM	CSN	5:30 AM	5:00 PM
Manitowoc	90.9 FM	CSN	5:30 AM	5:00 PM
Menomonie	90.1 FM	CSN	5:30 AM	5:00 PM
Sherwood	88.7 FM	CSN	5:30 AM	5:00 PM

WYOMING

Cheyenne	90.3 FM	KWYC	4:30 AM	4:00 PM
Evanston	89.7 FM	CSN	4:30 AM	4:00 PM
Gillette	91.9 FM	KLWD	4:30 AM	4:00 PM
Laramie	100.3 FM	CSN	4:30 AM	4:00 PM

Orchard Valley	90.3 FM	KWYC	4:30 AM	4:00 PM
Rawlins	91.3 FM	CSN	4:30 AM	4:00 PM
Sheridan	89.3 FM	KWCF	4:30 AM	4:00 PM

CSN is the Christian Satellite Network with stations and translators throughout the United States.

Updated

2/8/2010